**Pre Expedition Check**

**March 2012 \_**

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| --- | --- |
| **Check List** | ✓ |
| Staff check list - briefing |  |
| * Information email with dates and times/expectations | ✔ |
| * Group list – medical needs |  |
| * Map, Compass, Route plan |  |
| * Emergency procedures reinforced/confirmed |  |
| * Emergency phone and contact numbers, radios |  |
| * 1st aid |  |
| * Survival bag/shelter |  |
| * Weather forecast |  |
| * Staff kit check |  |
| * General discussion on any concerns |  |
| Student check - morning |  |
| * Weather forecast |  |
| * Route awareness |  |
| * High vis vests x 2 |  |
| * Kit check – all in plastic bags? |  |
| * + boots |  |
| * + waterproofs |  |
| * + warm clothing and hat and gloves |  |
| * + sun cream/insect repellent/medication |  |
| * + route plan/map and compass x 2 |  |
| * + food and drink |  |
| * + emergency phone and numbers |  |
| * + Blister kit |  |
|  |  |
| * Kit lent to students (number)   + Maps | |
| * + Compasses | |
| * + Waterproof jackets | |
| * + Waterproof trousers | |
| * + Other | |