**Pre Expedition Check**

**March 2012 \_**

|  |  |
| --- | --- |
| **Check List** | ✓ |
| Staff check list - briefing |  |
| * Information email with dates and times/expectations
 | ✔ |
| * Group list – medical needs
 |  |
| * Map, Compass, Route plan
 |  |
| * Emergency procedures reinforced/confirmed
 |  |
| * Emergency phone and contact numbers, radios
 |  |
| * 1st aid
 |  |
| * Survival bag/shelter
 |  |
| * Weather forecast
 |  |
| * Staff kit check
 |  |
| * General discussion on any concerns
 |  |
| Student check - morning  |  |
| * Weather forecast
 |  |
| * Route awareness
 |  |
| * High vis vests x 2
 |  |
| * Kit check – all in plastic bags?
 |  |
| * + boots
 |  |
| * + waterproofs
 |  |
| * + warm clothing and hat and gloves
 |  |
| * + sun cream/insect repellent/medication
 |  |
| * + route plan/map and compass x 2
 |  |
| * + food and drink
 |  |
| * + emergency phone and numbers
 |  |
| * + Blister kit
 |  |
|  |  |
| * Kit lent to students (number)
	+ Maps
 |
| * + Compasses
 |
| * + Waterproof jackets
 |
| * + Waterproof trousers
 |
| * + Other
 |