

Memory techniques: **3**

All in a song!

- Using a simple tune you know well can be a powerful aid to memory.
- Choose a very simple tune (children's songs work best because they are in our long term memory)
- Take a line of text from one paragraph and fit it to the tune
- Add the next line, and so on for a whole paragraph. Keep checking the text at this stage!
- Keep singing it over and over until you can cover the text and sing the song without referring.



Try:

▪ **If you're happy and you know it**



▪ **Baa Baa Black Sheep**



▪ **She'll be coming round the**

mountain

